

Coronary artery calcium screening



IDENTIFY RISK FOR CARDIAC DISEASE:

PURPOSE

- Define presence of calcium in coronary arteries (coronary atherosclerosis)
- Provide strong predictor of cardiac events

PATIENT BENEFITS

- Identifies risk for cardiac disease within next 10 years

MEDICAL USES

- Identify signs of coronary artery disease
- Quantify amount of plaque buildup
- Identify treatment options, even before symptoms begin

TREATMENT OPTIONS

Depending on risk, treatment could include therapeutic lifestyle changes, statin therapy or additional cardiovascular testing. Your provider will discuss these options with you.

PATIENT COST

\$49

SCREENING PROCESS

- Scan takes only a few minutes
- Requires no preparation by patient
 - Safe
 - Noninvasive
 - Painless
 - Low-dose radiation exposure

PATIENT CRITERIA

- Women and Men, 45-84 years old
- Patients at risk for a cardiac event within next 10 years
- No chest pain, dyspnea on exertion, or known CAD (coronary artery disease) or PAD (peripheral arterial disease)
- Physician referral required

**RISK FACTORS FOR
HEART ATTACK**

- Family history of heart disease
- Tobacco use
- High blood pressure or high cholesterol
- Peripheral arterial disease (PAD)
- Diabetes
- Obesity

PHYSICIAN REFERRAL

- Call Patient Access at (574) 364-2400 to schedule an appointment with Goshen Health Imaging Center

Goshen Health
Hospital Imaging Department
200 High Park Avenue
Goshen, Indiana 46526

